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(57) Abstract:

Novel method and the formulation of antistress fragrance is the proposed invention. Fragrance compounds (aroma/odor/scent) derived from different natural sources have been utilized in aromatherapy to treat a range of illnesses. An all-natural method of curing the mind, body, and soul is aromatherapy. Many smells come into our lives on a regular basis, and the sense of smell is crucial to the physiological impacts of stress, mood, and productivity. The olfactory system in humans detects fragrances, which are volatile chemical components with a molecular weight of less than 300 Da. A fragrance is an odor-emitting and -diffusing material. It is a highly flammable liquid that is extracted from a plant portion. The four main ways that the essential "plant distillates" (essential oils) interact with the human body are pharmacological, physiological, psychological, and spiritual. The present invention discloses the composition of extracted essential oils with synthetic compound and develop a novel fragrant smell which has its utility as anti-stress and can be utilized in many aspects.

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