Τo,

The Registrar M.J.P. Rohilkhand University, Bareilly

## 17/05/2021

# Subject – Regarding Revision of Syllabus of Psychology in virtual meeting of Board of Studies, in reference to Common Minimum Syllabus under NEP -2020.

Respected Madam,

In reference to your letter No- R.U./ Academic(श緒回雨)/2021, Dated – 28/04/2021, I would like to inform you that a virtual meeting(On Zoom)of Board of Studies, Psychology in reference to Common Minimum Syllabus under NEP -2020 was held on 15/ 05/2021. In this meeting the Common Minimum Syllabus of Psychology was accepted with some minor modifications. In this virtual meeting the following teachers have participated:

S.No	Name	College/ University	Designation
1.	Dr. Alpana Agarwal	Department of Psychology, C.C.S University , Meerut	External Expert
2.	Dr. Sandaya Saxena	Principal , Avanti Bai Lodhi Government Girls Degree College, Bareilly	Member, Coordination Committee, MJPRU, Bareilly
3.	Dr. Suneel Chaudhary	Department of Psychology, K.G.K.(P.G.)College, Moradabad	Convener
4.	Dr. Seema Gupta	Department of Psychology, G.D.H.D. College, Moradabad	Member
5.	Dr. Meenu Vishnoi	Department of Psychology, K.G.K.(P.G.)College, Moradabad	Member
6.	Shri Nikhil Kumar Das	Department of Psychology, J.S.H. College, Amroha	Member
7.	Shri Sunil Kumar	Department of Psychology, Hindu College, Moradabad	Member

8.	Dr. Karuna Anand	Department of Psychology,	Member
		G.D.H.D. College,	
		Moradabad	

The revised/ accepted Common Minimum Syllabus of Psychology is attached herewith. The proceedings of the BOS meeting are given on the page number 32 and 33 of the syllabus.

With regards

Yours truly

Biler

(Dr Suneel Chaudhary)

Convener Board of Studies, Psychology M.J.P. Rohilkhand University , Bareilly



# M.J.P. ROHILKHAND UNIVERSITY, BAREILLY REVISED SYLLABUS OF B.A. PSYCHOLOGY

Based on

National Education Policy-2020 Common Minimum Syllabus for all U.P. State Universities

Year	Sem.	Course	Paper Title	<b>Theory/Practical</b>	Credits
		Code			
B.A.1	Ι	A090101T	Foundations of Psychology	Theory	4
	Ι	A090102P	Lab Work/ Psychological Testing	Practical	2
	II	A090201T	Basic Methodology and Statistics	Theory	4
	II	A090202P	Lab Work/ Psychological Testing	Practical	2
B.A. 2	III	A090301T	Psychology of Social Behavior	Theory	4
	III	A090302P	Lab Work and Measurement of Social Behavior	Practical	2
	IV	A090401T	Abnormal Psychology	Theory	4
	IV	A090402P	Screening and Assessment	Practical	2
B.A. 3	V	A090501T	Human Development	Theory	4
	V	A090502T	Positive Psychology	Theory	4
	V	A090503P	Lab Work/Survey/ Field Visit	Practical	2
	V	A090504R	Problem Identification & Research Proposal Writing	Project	3
	VI	A090601T	Community and Health Psychology	Theory	4
	VI	A090602T	Counseling Psychology	Theory	4
	VI	A090603P	Survey/Field Visit/Project Work	Practical	2
	VI	A090604R	Research Project	Project	3

#### Semester-wise Titles of the Papers in BA (PSYCHOLOGY)

#### Syllabus Developed by:

S.	Name	Designation	Department	College/ University
No.				
1	Dr. N.K. Saksena	Retired	Department of	PPN PG College (CSJM
		Principal &	Psychology	University), Kanpur
		HoD		
2	Dr. Anubhuti Dubey	Professor &	Department of	Deen Dayal Upadhyay
		Head	Psychology	Gorakhpur University,
				Gorakhpur
3	Dr. Dhananjay	Professor	Department of	Deen Dayal Upadhyay
	Kumar		Psychology	Gorakhpur University,
				Gorakhpur

## **Undergraduate Psychology Program**

### Semester-wise Course Curriculum

#### Subject prerequisites: Open to all.

#### Program Outcome (After 3 Years)

The learning outcomes that a student should be able to exhibit on completion of a degree level program in Psychology are as follows:

- (i) Comprehension about the discipline, its research methods, related theories and models.
- (ii) Knack to link up theory with individual experiences and varied applied settings.
- (iii) Capacity to practice professional skills in the area of psychological testing, assessment and counseling.

- (iv) Development of skills in specific areas related to specific specialization (e.g. psych diagnostics, counseling, learning disability, health, community mental health and organizational behavior).
- A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind.
- (vi) Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.
- (vii) Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues
- (viii) Development of skills and attributes of empathy, team work, coordination, cooperation, conflict resolution, and congruence.

## Semester I

#### Paper 1

Program/Class: Certificate	Year: First		Semester: First		
	Subject:	Psychology			
Course Code: A0901	01T	Course Title:	Foundations of Psychology		
<b>Course Outcome:</b> The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others lives. It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.					
Credits: 4 Core Compulsory					
Max. Marks: 25+7	x. Marks: 25+75 Min. Passing Marks: 10+25				
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0					

Unit	Topics	No. of Lectures
I	Psychology: Nature, Scope and Applications; Approaches: Psychodynamic, Behavioristic, Cognitive, Humanistic & Indigenous Indian Psychology (with special reference to Shrimad Bhagwad Gita, Sankhya Darshan and Buddhism); Methods: Experimental, Correlational, and Observational.	8
II	Attention Processes: Selective and Sustained Attention: Nature and Determinants; Perceptual Processes: Nature and Determinants; Perceptual Organization; Perceptual Illusion; Form and Depth Perception.	7
Ш	Learning: Classical Conditioning, Operant Conditioning; Cognitive Learning Theories: Tolman's Latent Learning, Köhler's Insight Learning, Bandura's Observational Learning; Verbal Learning: Methods and Procedures.	8
IV	Memory and Forgetting: Stages of Memory: Encoding, Storage and Retrieval; Types of Memory: Sensory, Short Term (Working Memory) and Long Term Memory; Reconstructive Memory; Methods of Measuring Memory; Techniques of Improving Memory; Forgetting: Decay, Interference and Cue-Dependent Forgetting.	7
V	Intelligence: Nature and Definition; Concept of IQ; Theories of Intelligence (Basic Concepts): Spearman, Thurston, Guilford, Sternberg, Gardner; Intelligence Tests: Individual and Group tests.	8
VI	Personality: Definition and Determinants; Approach of Personality (Basic Concepts): Trait approaches (Allport and Cattell); Psychodynamic (Freud); Humanistic (Rogers and Maslow); Socio- cultural (Bandura); Personality in Indigenous Tradition (Advaita Vadanta tradition, Yoga tradition, & Ayurveda tradition).	9
VII	Motivation: Nature and Concept (Needs, Drives, Instincts); Types of Motives: Biological and Social Motives; Pull and Push Mechanism; Intrinsic Motivation.	7
VIII	Emotion: Nature of Emotion; Basic Emotions; Expressions of Emotion: Universal Versus Culture Specific; Theories of Emotion: James-Lange, Cannon-Bard, Schachter-Singer, Lazarus.	6

#### **Suggested Readings:**

- 1. Baron, R. & Misra, G. (2016). *Psychology* (5<sup>th</sup> edition). New Delhi: Pearson.
- 2. Ciccarelli, S. K., White, N.J., & Misra, G. (2017). *Psychology* (5<sup>th</sup> ed., South Asian Edition). New Delhi: Pearson Education.
- 3. Cornelissen, M., Mishra, G. & Verma, S. (2014). *Foundations of Indian Psychology*. New Delhi: Pearson Education.
- 4. De Silva, P. (2005). *An introduction to Buddhist psychology*. Springer.
- 5. Galotti, K.M. (2014). *Cognitive Psychology: In and Out of the Laboratory* (5<sup>th</sup> ed.). New Delhi: Sage.
- 6. Feldman, R. S. (2006). *Understanding Psychology*. India: Tata McGraw Hill.
- Mishra, G. (Edited) (2019). Personality in Indigenous Tradition. In ICSSR Research Surveys & explorations Psychology (Vol.2): Individual and the Social Processes & Issues. New Delhi: Oxford University Press.
- 8. Morgan, C.T., King, R.A., Weiss, R.A., & Schopler, J. (2004). *Introduction to Psychology* (7<sup>th</sup> ed.). New York: McGraw Hill.
- Nolen-Hoeksema, S., Fredrickson, B.L., Loftus, G.R., & Wagenaar, W.A. (2009). Atkinson & Hilgard's Introduction to Psychology (15<sup>th</sup> Edition). Wadsworth Cengage Learning
- 10. Suhotra (2007). *Vedantic Psychology: India's ancient vision of the Mind*. The Bhaktivedanta Academy.
- 11. Swami Akhilanand (2001 edition). *Hindu Psychology: It's meaning for the West.* Taylor & Francis.
- 12. सिंह, अरुण कुमार(2006). उच्चतर सामान्य मनोविज्ञान। वाराणसी: मोतीलाल बनारसीदास प्रकाशन।
- 13. त्रिपाठी, ला॰ ब॰ एवं अन्य (2001).आधुनिक प्रायोगिक मनोविज्ञान। आगरा: हरप्रसाद भार्गव।
- 14. Zimbardo, P.C. & Weber, A.L. (1997). *Psychology*. New York: Harper Collins College Publishers.
- 15. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u> <u>http://www.apa.org</u>

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of the student. (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites:10+2 in any discipline

Suggested equivalent online courses:

- Coursera
- Swayam

#### Paper 2

#### Practical

Progra	m/Class: Certificate	Year: First Sem		Seme	ester: First	
		Subject	Psychology			
	Subject: Psychology					
	Course Code: A0901	02P	Course Title	: Lab Work/	Psychological	
				Testing		
Course	Outcome: Students v	vill be impart	ed a variety of	skills to de	sign and conduct	
psycholo	ogical experiments ensu	ring controlled	l conditions, repo	rt writing and	l interpretations of	
the repo	the report.					
	Credits: 2 Core Comput				ory	
	Max. Marks: 25+7	5	Min. l	Passing Marks	s: 10+25	
	Total No. of Lecture	es-Tutorials-Prac	ctical (in hours per	week): L-T-P:	0-0-2	
Unit		Topics	S		No. of Lectures	
Ι	Any one experiment b	ased on Attent	ion/Perceptual Pro	ocesses	08	
II	II Any one experiment based on Classical Conditioning/Operant				08	
	Conditioning/Verbal Learning					
III	Any one experiment based on Memory/Forgetting			07		
IV	Any one experiment b	ased on Motiva	ational/Emotional	Processes	07	

#### Suggested Readings:

- 1. त्रिपाठी, ला॰ ब॰ एवं अन्य (2001).आध्निक प्रायोगिक मनोविज्ञान। आगरा: हरप्रसाद भार्गव।
- 2. Mohin, S.M. (1975). Experiments in psychology. New Delhi: Orient Longman.
- 3. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

This course can be opted by the students who has opted psychology as a subject.

Suggested Continuous Evaluation Methods:

- Presentation of practical file (15marks)
- Attendance (10 marks)

Course prerequisites: Only for those who took psychology as a subject

## Semester II

#### Paper 1

Program/Class:	Certificate	Year: First			Semester: Second		
	Subject: Psychology						
Course Code: A090201T Course Title: Basic Methodology and			Methodology and				
				Statis	tics		
<b>Course Outcome</b> : The learners will be able to comprehend psychological data and can put them on appropriate scaling method. Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.							
	Credits: 4 Core Compulsory				Compulsory		
Max	Max. Marks: 25+75 Min. Passing Marks: 10+25						
Tota	l No. of Lectures-	Tutorials-Prac	ctical (in hours po	er week	): L-T-P: 4-0-0		
Unit	Topics     No. of Lecture		No. of Lectures				

Ι	Measurement: Nature and Scales of Psychological Measurement; Properties and Functions of Measurement, Tests: Concept and Types.	6
II	Intelligence Testing: History, Measurement of abilities: Stanford Binet, Wechsler Test of Intelligence, Culture Fair Tests, Structure and Application.	8
III	Personality Tests: Self Report Inventories (MMPI, 16 PF, NEOPIR), Projective Techniques: Rorschach Inkblot Test and Thematic Apperception Test.	8
IV	Psychometric Properties of Tests: Validity, Reliability, Nature and Types; Norms: Concepts and Types.	8
V	Scientific Approach: Aim and Functions, Types of Research, Empirical Research Methods; Variable: Concept and Types; Hypothesis: Types and Criteria.	7
VI	Research Designs: Objectives and Criteria, Major Types, Sampling: Concept and Methods.	7
VII	<ul> <li>Psychological Statistics: Introduction; Frequency Distribution and their Graphical Presentation: Frequency polygon, Bar Diagram, Histograms and Ogive; The Normal Distribution: meaning and uses, Descriptive Statistics, Significance of Statistics, t test.</li> </ul>	8
VIII	Correlation; types and interpretation; Univariate Regression Analysis; Non- Parametric Tests: Chi- Square, Mann- Whitney U Test.	8
Sugges	sted Readings:	
1.	Anastasi, A. (1950). Psychological Testing. Prentice Hall.	
2.	Cohen, R. J. & Swerdlik, M. E. (2018.) <i>Psychological Testing and Asse</i> <i>Introduction to Tests and Measurement</i> (9 <sup>th</sup> ed.). New York: Mc-Graw	
3	Cronbach L.J. (1960) (2nd Edition) Essentials of Psychological Testir	ag. New York:

- 3. Cronbach, L.J. (1960) (2nd Edition). *Essentials of Psychological Testing*. New York: Harper.
- 4. Freeman, F.S. (1962) (3rd Edition). *Theory and practice of psychological testing*. New York: Holt, Rinehart & Winston.
- 5. Garrett, H. E. (1966). *Statistics in Psychology and Education*. Paragon International Publishers.

- 6. Gregory, R.J. (2014) (6th Edition). *Psychological Testing: History, Principles and Applications*. New Delhi: Pearson India Education.
- 7. Guilford, J.P. (1936). *Psychometric Methods*. London: McGraw Hill Publishing Company.
- 8. Kaplan, R. M, & Saccuzzo, D. P. (2018): *Psychological Testing: Principle, Applications and Issues* (9<sup>th</sup> ed.) Cengage Learning, Boston.
- 9. Kerlinger, F.N. (1983). *Foundations of Behavioral Research*. New Delhi: Surjeet Publications.
- 10. लाल॰ जे ॰ एन ॰ (1999). मनोविज्ञान एवं शिक्षा में सांख्यिकी, नील कमल प्रकाशन ,गोरखपुर।
- 11. मिश्रा, बब्बन तथा त्रिपाठी, लाल बचन (1994). मनोवैज्ञानिक सांख्यिकी, हरप्रसाद भार्गव, आगरा।
- 12. Singh, A.K. (2006). Tests, *Measurement and Research Methods in Behavioural Sciences*. Patna: Bharti Bhavan.
- 13. श्रीवास्तव, डी ०एन०(2011). सांख्यिकी एवं मापन, आगरा: अग्रवाल पब्लिकेशन।
- 14. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of the student. (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Suggested equivalent online courses:

- Coursera
- Swayam

#### Paper 2

#### Practical

Program/Class: Certificate	Year: First	Semester: Second
	Subject: Psychology	

	Course Code: A090202P	Course Title: Lab Work/	Psychological			
		Testing				
Course	Outcome: Students will be conferred	an array of skills to carry out e	experiments in lab			
settings,	design and conduct psychological ex	periments ensuring controlled	conditions, report			
writing a	and interpretations of the report.					
	Credits: 2 Core Compuls					
	Max. Marks: 25+75 Min. Passing Marks					
	Total No. of Lectures-Tutorials-Prac	ctical (in hours per week): L-T-P: (	0-0-2			
Unit	Topics	3	No. of Lectures			
Ι	Plan, conduct and report an experies research design	08				
II	Ascertain the Test-retest Reliability of	of any psychological test	08			
III	Administer any one Self-Report Inve report	entory on a subject, score and	07			
IV	Administer any one Intelligence Test report	on a subject, score and	07			
Suggest	ed Readings:					
1.	त्रिपाठी, ला॰ ब॰ एवं अन्य (2001). आधुा	नेक प्रायोगिक मनोविज्ञान। आगर	रा: हरप्रसाद भार्गव।			
2.	Suggestive digital platforms web links	- http://heecontent.upsdc.gov.ir	n/Home.aspx,			
		www.psytoolkit.org				
This cou	urse can be opted by the students who t	ook psychology as a subject.				
Suggeste	Suggested Continuous Evaluation Methods:					
• 1	• Presentation of Practical file (15 Marks)					
• 4	• Attendance (10 marks)					
Course p	prerequisites: Only for those who took	Psychology as a subject				
	· · ·					

# Semester III

## Paper 1

Progr	cam/Class: Diploma	Year: Second Semest		ter: Three	
		Subject: 1	Psychology		
	Course Code: A090301T Course Title: <b>Psychology of S</b>				
Course	Outcome: By the end	d of the cours	se, students will	be able to su	ummarize general
informa	tion, through in-class o	liscussion and	assignments, per	taining to so	cial psychological
	s and an opportunity to				-
	e research to understand				
	ogical concepts and the	ories to the co	ntext of historic a	and current we	orld, national, and
local ev	vents.				
	Credits: 4			ore Compulso	)ry/
	Cieulis. 4			ore Computed	лу
	Max. Marks: 25+7:	5	Min. P	assing Marks	: 10+25
	Total No. of Lecture	s-Tutorials-Prac	ctical (in hours per v	week): L-T-P: 4	-0-0
Unit		Topics			No. of Lectures
Ι	Social Psychology: Na	ature, and Scop	be; Methods of Stu	dying Social	8
	Behavior.				
II	Person Perception:	Concept, D	Determinants of	Impression	7
	1	Concept, L	otorininanto Of	mpression	,
	Formation.				
III	Social Cognition: Sch	nema, Schema	tic Processing; A	ttribution of	7
	Causality: Harold Kelly and Bernard Weiner.				
	A	- م <b>ر ا</b>	· · · · · · · · ·	1 4 * . 1	0
IV	Attitude: Nature and I				8
	Change; Aggression:	Nature, Cau	ises and Control	of Human	
	Aggression.				
V	Pro-social Behavior	: Motives t	o help; Bystar	nder Effect;	8
•					0
	Determinants; Interpe	rsonal Attractio	on: Concept and L	beterinnants.	

VI	Social Influence Processes: Conformi	ty and Compliance;	7	
	Intergroup Relations: Prejudice and D	iscrimination; Groups:		
	Norms, Roles, Status & Cohesiveness.			
VII	Group Influence: Social Facilitation; Social	Loafing; and De	7	
	individuation.			
VIII	Applying Social Psychology to Health, I	Law and Environment:	8	
	Health Attitude and Health, Stress an	d Health; Eyewitness		
	Identification and Testimony, Factors that	t affect Juror Decision		
	Making; Human Environmental Relation	onship, Environmental		
	Stress: Types and Characteristics.			
uggeste	d Readings:			
1.	Baron, R.A. & Branscombe, N.R. (2012). S Pearson.	Social Psychology (13 <sup>th</sup> e	ed.) New Delhi:	
2.	Baron, R.A., Byrne, D. & Bhardwaj, G. (20 Delhi: Pearson.	)10). Social Psychology	(12 <sup>th</sup> ed). New	
3.	Baumeister, R.F. & Bushman, B.J.(2013). Social Psychology and Human Nature.			
	(3 <sup>rd</sup> ed.). Wadsworth Pub. Co.			
4.	सिंह ,अरुण कुमार (2001). सामाजिक मनोविज्ञान। वाराणसी: मोतीलाल बनारसीदास।			
5.	Taylor, S.E., Paplau, L.A., & Sears, D.O. (2 Delhi: Pearson Publications.	2006). Social Psycholog	y (12 <sup>th</sup> ed). New	
6.	त्रिपाठी, एल ० बी ० एवं सहयोगी (2001). आध्	निक सामाजिक मनोविज्ञा	न।आगरा:	
	हरप्रसाद भार्गव।	)		
7.	Suggestive digital platforms web links- htt	p://heecontent.upsdc.gov	v.in/Home.aspx	
1.	1	p://www.apa.org		
7.	<u>htt</u>			

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of Students (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- Coursera,
- Swayam

#### Paper 2

#### Practical Year: Second Semester: Third **Program/Class: Diploma** Subject: **Psychology** Course Title: Lab Work and Measurement of Course Code: A090302P **Social Behavior** Course Outcome: Students will be exposed to the mixture of skills such as how to conduct a psychological experiment for understanding social behavior as well as psychological measurements and scientific reporting of the data. Credits: 2 Core Compulsory Max. Marks: 25+75 Min. Passing Marks: 10+25 Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2 Unit **Topics** No. of Lectures Ι Measurement of Attitude/ Interpersonal Attraction 08 Measurement of Helping Behavior/ Prejudice Π 08 07 III Conduct an experiment or test on Attribution/Aggression/ Impression Formation IV Conduct an experiment on Social Facilitation/ Conformity/ 07 Compliance

#### Suggested Readings:

1. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

www.psytoolkit.org

This course can be opted by the students who took Psychology as a subject.

Suggested Continuous Evaluation Methods:

- Presentation of Practical file (15 Marks);
- Attendance (10 marks)

Course prerequisites: Only to Psychology Students

## Semester IV

#### Paper 1

Program/Class: Diploma	Year	: Second	Semester: Four			
	Subject: <b>Psychology</b>					
Course Code: A0904	401T	Course Title: Al	onormal Psychology			
behavior and behavior of or classification system and DSM individual diversity and vario disorders. Summarize clinical f	<b>Course Outcome</b> : The students will be able to understand criteria of abnormality and one's own behavior and behavior of others. By applying the knowledge of assessment, diagnosis, classification system and DSM categories, the learners' will develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders. Summarize clinical features of symptoms, etiology and valid and reliable treatment of diagnostic categories of mental health disorders.					
Credits: 4 Core Compulsory			Core Compulsory			
Max. Marks: 25+	75	Min. I	Passing Marks: 10+25			
Total No. of Lectur	Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0					
Unit	TopicsNo. of Lecture					

Ι	Abnormal Psychology: Concepts and Criteria of Abnormality, Classification of Abnormality (DSM V & ICD-11), Major Approaches to Abnormal Behavior.	6
П	Anxiety Disorders: Types (Generalized Anxiety Disorder, Phobia, Panic Disorder, Obsessive-Compulsive Disorder and Posttraumatic Stress Disorder), Clinical Picture, Etiology and Treatment.	8
III	Somatic and Dissociative Disorders: Somatic Symptom and Related Disorders, Dissociative Disorders- Types, Clinical Picture, Etiology and Treatment.	8
IV	Depressive and Bipolar Disorders: Types, Clinical Picture, Etiology and Treatment.	8
V	Schizophrenia: History, Types, Clinical Picture, Etiology and Treatment.	7
VI	Major and Mild Neurocognitive Disorders: Etiology, Clinical Picture and Treatment.	7
VII	Substance Related Disorder and other Addictive Disorders:Substance Abuse and Dependence; Alcohol, Nicotine, Marijuana,Sedatives and Stimulants: Etiology and Treatment.	8
VIII	Neurodevelopmental Disorders: Tics and Tourette's Disorder,Attention- Deficit/Hyperactivity Disorder, Autism SpectrumDisorders, Intellectual Disability, Learning Disorders: ClinicalPicture, Etiology and Treatment.	8
Sugges	sted Readings:	
1.	American Psychiatrist Association (2013). <i>Diagnostic and Statistical M Disorders</i> - DSM -5 (5 <sup>th</sup> ed.). APA: Washington DC.	Manual of Mental
	Barlow D. H. & Durand V. M, & Stewart, S. H. (2009). <i>Abnormal Psy</i> Delhi: Cengage Learning.	
	Bennett, P. (2006). <i>Abnormal and Clinical Psychology: An introductor</i> York: Open University Press.	-
	Brewer, K. (2001). <i>Clinical Psychology</i> . Oxford: Heinemann Education Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). <i>Abnor</i> New Delhi: Pearson.	
	Comer, R. J. & Comer, J. S. (2018). <i>Abnormal Psychology</i> (10 <sup>th</sup> ed.). Publishers.	
7.	Kearney, C. A. & Trull, T. J. (2012). <i>Abnormal Psychology and Life: A approach</i> . New Delhi: Cengage learning.	A dimensional
8.	Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in</u> <u>http://www.apa.org</u> <u>www.nimh.nih.gov</u>	ı <u>/Home.aspx</u>

#### This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of Students (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- Coursera;
- Swayam

#### Paper 2

#### Practical

Progr	am/Class: Diploma	Year: Second		Semester: Four		
	Subject: <b>Psychology</b>					
	Course Code: A0904	02P	Course Title: Sc	reening and Assessment		
Course	Outcome: At the end of	the course, the	e students will be i	mparted a variety of proficiency		
to condu	act the screening and a	ssessment of p	sychological tool	s for examining developmental		
issues a	nd disorders. The prac	ticum of case	study will let the	e students learn and execute an		
indepth	investigation of a single	e person, group	, event or commu	nity.		
	Credits: 2 Core Compulsory					
	Max. Marks: 25+7	5	Min. l	Passing Marks: 10+25		
	Total No. of Lecture	es-Tutorials-Pra	ctical (in hours per	week): L-T-P: 0-0-2		
Unit	Topics		No. of Lectures			
Ι	Assessment and report of any one anxiety disorder based on       0         psychological test       0			ed on 08		

II	Assessment and report of depression based on psychological test	08			
III	Case Study/ Screening of any Intellectual Disability/ Attention Deficit Hyperactivity Disorder and report	07			
IV	Case Study/ Screening of any Learning Disability/ Autism Spectrum Disorder and report	07			
00	Suggested Readings: 1. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u> <u>http://www.apa.org</u>				
This course can be opted by the students who took psychology as a subject					
Suggest	ed Continuous Evaluation Methods:				
<ul> <li>Presentation of Practical file (15 marks)</li> <li>Attendance (10 marks)</li> </ul>					
Course prerequisites: Only for psychology students					

# Semester V

## Paper 1

Program/Class: Degree	Year: Third		Semester: Five		
	Subject: Psychology				
Course Code: A090501T		Course Title: Human Development			
Course Outcome: At the end o	Course Outcome: At the end of the course, the student will able to develop an ability to identify				
the milestones in diverse domains of human developments across the child, adolescent ar adulthood stages, understand the contributions of socio-cultural context toward shaping huma development and acquire an ability to decipher key developmental challenges and issues.					

Credits: 4		Core Compulsory		
	Max. Marks: 25+75	Min. Passing Marks	: 10+25	
	Total No. of Lectures-Tutorials-Prac	ctical (in hours per week): L-T-P:	4-0-0	
Unit	Topics	5	No. of Lectures	
Ι	Introduction to Human Developme Maturation; Developmental Stages; Methods of Studying Human Develo	; Principles of Development;	8	
II	Prenatal Development: Stages and ha Sensory and Motor Capacity.	zards; Neonatal Development:	8	
III	Infancy: Physical Development, Soci Development.	ial and Language	7	
IV	Childhood Development: Cognitive, Development.	8		
V	Adolescence Development: Physical spurts); Psychological changes- Cognitive, Social, Emotional and Mo	Development of Identity,	8	
VI	Early Adulthood: Physical, Cognit Development.	ive and Psycho-social	7	
VII	Middle Adulthood: Physical, C Development.	ognitive and Psycho-social	7	
VIII	Late Adulthood: Physical, Co Development.	gnitive and Psycho-social	7	
Sugges	ted Readings:			
1.	Berk, L. E. (2010). Child Development	(9th ed.). New Delhi: Prentice	Hall.	
2.	Berk, L.E. (2017). <i>Development throug</i> Perason.	gh the Life span (7 <sup>th</sup> ed.). Allyn	& Bacon:	
3.	Feldman, R.S. & Babu. N. (2011). Disc	covering the Lifespan. New Del	hi: Pearson.	
4.	Misra, G. (2011). Handbook of Psychology in India (Section IV), New Delhi: Oxford			

- University Press.
- 5. Santrock, J. W. (2011). Child Development (13th ed.). New Delhi: McGraw-Hill.
- 6. Santrock, J.W. (2012). Life Span Development (13th ed.). New Delhi: McGraw-Hill.

- 7. Srivastava, A.K. (1997). *Child Development: An Indian Perspective*. New Delhi: NCERT.
- त्रिपाठी, एल॰ बी॰ एवं पाण्डेय, एस ॰ (2009). मानव विकास का मनोविज्ञान। नई दिल्ली: कांसेप्ट पब्लिशिंग कंपनी।
- 9. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

http://www.apa.org

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of Students (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- Coursera,
- Swayam

#### Paper 2

#### Theory

Program/Class: Degree	Year: Third		Semester: Five	
Subject: <b>Psychology</b>				
Course Code: A090502T Course Title: <b>Positive Psychology</b>			Positive Psychology	
<b>Course Outcome</b> : By the end of the course, the students will be able to understand the basic principles of positive psychology, the major areas within positive psychology that have received				

a considerable amount of attention, the use of positive psychology tools and techniques in own and in other's life. It will also ease the understanding of positive aspects of human behavior through the wisdom embedded in Indian scriptures like Vedas, Upnishadas, Shrimad Bhagvad Gita, Buddhist literature and folk tales.

Gita, Bu	ddhist literature and folk tales.		
	Credits: 4	Core Compuls	ory
	Max. Marks: 25+75 Min. Passing Marks: 10+25		
	Total No. of Lectures-Tutorials-Prac	ctical (in hours per week): L-T-	P: 4-0-0
Unit	Topics	5	No. of Lectures
Ι	Positive Psychology: Historical ro	ots; Assumptions and Goals;	7
	Eastern and Western Perspectives or	n Positive Psychology.	
II	Positive Emotional State: The Broade	en and Build Theory of Positive	8
	Emotions; Wellbeing and Happiness	s: Eudemonics and Hedonistic	
	View; Psychological and Subjective	Wellbeing; Flow: Flow State,	
	Auto telic Personality. Concept and I	Mindfulness in Buddhism.	
III	Positive Cognitive States: Self	Efficacy (आत्मप्रभावोत्पादकता):	8
	Concept, measurement; Hope and I	Resilience (आशा या उम्मीद एवं	
	समउत्थानशीलता) : Concept, Childhoo	d antecedents, measurements;	
	Wisdom and Courage (प्रज्ञा एवं स	गहस ): Difference between	
	intelligence and wisdom, Theorie		
	measurement ; Positive Thinking (		
	Optimism (आशावादिता) measurement	and Health related outcomes.	
IV	Prosocial Behaviour: Forgiveness	(क्षमा) : Definition, Cultivation	8
	exercises, measurement, benefits, E	Buddhist view on forgiveness.	
	Empathy and Compassion (तदनुभू	्ति एवं सहृदयता) : Definition,	
	empathy – egotism hypothesis;	Gratitude (कृतज्ञता) : Concept,	
	Cultivation exercises in Positive Psy	chology.	
V	Personal Competence: Self –aw	vareness (आत्मज्ञान) : SWOT	7
	Analysis Techniques to enhance set	lf- awareness ; Self-regulation	
	(आत्म नियमन): Concept and strategi	es related to self-regulation.	
L			

VI	Social Competence: The Value of Social Support and Relationships in a Fulfilling and Meaningful Life; Love and belongingness.	8		
VII	Application of Positive Psychology in Counseling: Model of Mental Health: Flourishing, Languishing, Floundering and Struggling Character Strength Based Counseling.	7		
VIII	Positive Psychology in School: Positive Education through The PERMA model of human flourishing & VIA Character Strengths.	7		
00	Suggested Readings: 1- Baumgardner, S.R. & Crothers, M.K. (2009). <i>Positive Psychology</i> . Pearson.			

- 2- Carr, A. (2004). *Positive Psychology: The Science of Happiness and Human Strength* U.K.: Routledge.
- 3- Gilman, R., Hubner, E. & Furlong, M.J. (Eds.) (2009). *Handbook of Positive Psychology in Schools*. New York: Routledge.
- 4- Lyubomirsky, Sonja. (2008). *The How of Happiness: A Scientific Approach to Getting the Life You Want*. The Penguin Press.
- 5- Noddings, N (2003). Happiness in Education, New York, Cambridge Press.
- 6- Peterson, C. (2006). *A Primer in Positive Psychology*. New York: Oxford University Press.
- 7- Synder, C.R. & Lopaz, S.J. (2011). *Positive Psychology: The Scientific and practical exploration of Human Strengths*. Thousand Oaks, CA: Sage.
- 8- Synder, C. R. & Shane, J.L. (2005). *Handbook of Positive Psychology*. Oxford University Press.

Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

#### http://www.apa.org

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks),
- Written Test (10 Marks)

Attendance (5 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses:

Coursera,
Swayam

#### Paper 3

#### Practical

Prog	ram/Class: Degree	Year: Third Seme		ester: Five		
	Subject: <b>Psychology</b>					
	Course Code: A0905	03P	Course T	itle: Lab Wo	rk/Survey/	
				Field Vis	it	
Course	Outcome: After comple	eting this practi	cum, the student	will have an un	derstanding about	
how to f	frame research objective	es and questior	ns, plan, decide a	nd execute ap	propriate methods	
of resear	rch, data analysis, interp	pretation and di	scussion of the fi	ndings.		
	Credits: 2		Core Compulsory			
	Max. Marks: 25+7	5	Min.	Passing Marks	: 10+25	
	Total No. of Lecture	es-Tutorials-Prac	ctical (in hours per	week): L-T-P: (	0-0-2	
Unit	Topics				No. of Lectures	
Ι	Write a Journal (Diary).For Example a Gratitude or Forgiveness			r Forgiveness	10	
	Journal or any other of your choice by recording your entries at least					
	2-3 times a week and report your Reflection like any thoughts and					
	feelings that may arise	e as you becom	e aware of that.	What benefits		
	could you gain from o	developing this	habit of mind, s	hort and long		

	term? Be aware of any shifts from stress/anxiety to enhanced wellbeing and calm.				
II	Conduct a survey research. For Example; meaning of life/happiness index/positive and Negative Affect/life satisfaction/optimism/ well -being etc. (10- 12 students group can be formed)	10			
III	Conduct a field study on anyone topic of human development/positive schooling, analyze the data and report (10-12 student groups can be formed)	10			
	Suggested Readings: 1. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u> <u>http://www.apa.org</u>				
This cou	This course can be opted by the students who took psychology as a subject				
Suggeste	Suggested Continuous Evaluation Methods:				
	<ul><li>Presentation of Practical file (20 Marks)</li><li>Attendance (5 Marks)</li></ul>				
Course p	Course prerequisites: Only for psychology students				

## Paper 4

#### **Research Project**

Program/Class: Degree	Year: Third		Semester: Five		
	Subject: l	Psychology			
Course Code: A0905	04R	Course Title	: Problem Identification &		
			<b>Research Proposal Writing</b>		

**Course Outcome**: After completing this practicum, the student will have a comprehensive understanding about carrying out research project, how to frame research objectives and questions, plan, decide and execute appropriate methods of research, and intended data analysis.

	Credits: 3	Credits: 3 Core Compulsory			
	Max. Marks: 25+75	Min. Passing Marks:			
	Total No. of Lectures				
Unit	Topics	5	No. of Lectures		
Ι	Visit of any community of the surr	rounding and identification of	20		
	problems, issues, good practices, sl	kills, community services etc.			
	For example- Health Services, Won	nen Self Help Groups, NGOs,			
	Banks, Organizations, Industries, V	illages, Panchayat etc. (10-12			
	students group can be formed)				
II	Based on the field visit observations	25			
	will write a research proposal in this				
	The research proposal is an importa-				
	statement of the problem, a review of	of literature, how the literature			
	relates to the proposed study, fo	rmal research questions and			
	hypotheses, a full methods section, a	nd the data analysis you intend			
	to conduct.				
	The student will work in groups in c	ompleting the project, but will			
	write the proposal and final paper ind	dividually.			
	Each student will be evaluated on di proposal as per APA guidelines.	ligence in writing the research			
Suggest	ed Readings:				
2.	Suggestive digital platforms web links	- http://heecontent.upsdc.gov.in	n/Home.aspx		
		http://www.apa.org			
<b>Th:</b>	more now has and address the standard stands and				
I his cou	urse can be opted by the students who	took psychology as a subject			

Suggested Continuous Evaluation Methods:

- PPT Presentation of experiences of observed unit and research proposal (20 Marks)
- Attendance (5 Marks)

Course prerequisites: Only for psychology students

## **Semester VI**

#### Paper 1

Progr	am/Class: Degree	Year	r: Third	Sem	nester: Six	
		Subject:	Psychology			
	Course Code: A0906	01T	Course Title:	Community an	d Health	
				Psychology		
able to un that prom health-rel	their communities and iderstand and resolve contended community wellne lated practices and will e, proactive attitude tow	ommunity issu ss. Moreover, l able to exami	es, analyze the o they will able to ne persons' hea	lata, and recomi o use the psycho alth history and	mend interventions logical theories on	
	Credits: 4		Core Compulsory		ory	
Max. Marks: 25+75 Min. Passing Marks: 10+25		s: 10+25				
	Total No. of Lecture	es-Tutorials-Pra	ctical (in hours p	er week): L-T-P:	4-0-0	
Unit		Topics	5		No. of Lectures	

Ι	Community Psychology: Nature of Community Psychology; Historical Development of Community Psychology; Fields of Community Psychology.	7
II	Approaches of Community Psychology: Mental Health approach; Social Problems approach.	8
III	Some Community Intervention Issues: Poverty and Prolonged Deprivation; Marginalization; Migration & Immigration issues; Population and Disadvantaged Children & Family; Superstitions in Indian society; Peace and social harmony.	8
IV	Community Interventions: Prevention: Primary, Secondary and Territory; Community Mental Health; Gender, Discrimination and Power Issues related interventions; School Intervention; Sector Intervention; Rural development Intervention.	7
V	Health Psychology: Nature, Development and Goals of Health Psychology; Biopsychosocial Model of Health.	6
VI	<ul><li>Health Behavior: Health Compromising and Health Enhancing</li><li>Behaviors; Theories of Health Behavior: Health Belief Model,</li><li>Protection Motivation Theory, Planned Behavior and Reasoned</li><li>Action Theory and Modeling.</li></ul>	8
VII	Stress and Health: Nature and Types of Stress, Stress appraisal; Coping with Stress; Psychological Moderators of Stress.	8
VIII	Chronic Illnesses: Coronary Heart Disease, Diabetes, Cancer and AIDS: Nature, Etiology and Psychological correlates.	8
Sugges	ted Readings:	
1.	Dalal, A.K. (2016). Cultural Psychology of Health in India: Well-being Traditional Health Care. New Delhi: Sage Publications India Pvt. Ltd.	g, Medicine and
2.	Dalal, A.K. (2015). Heath Beliefs and Coping with Chronic Diseases. Publications India Pvt. Ltd.	New Delhi: Sage
3.	Ghosh, Manika (2015). <i>Health Psychology: Concepts in Health and W</i> Delhi: Pearson.	Vell-being. New
4.	Kloos, B., Hill, J., Thomas, E., Wandersman, Elias, M. J., & Dalton, J. <i>Community Psychology: Linking Individuals and Communities.</i> Wadsw Learning.	

5. Korchin. S.J. (2004). Modern clinical psychology. Delhi: CBS Publishers and Distributers.

- 6. Marks, D. F. Murray, M. Evans, B. & Willing, C. (2000). *Health Psychology: Theoretical, Research and Application*. New Delhi: Concept.
- 7. Misra, G. (1999). Psychological perspectives on stress and health, New Delhi: Concept Publishing Company.
- 8. Rappaport, J. (1977): *Community Psychology: Value Research and Application*. New York: Holt, Rinehart and Winston.
- 9. Schneider, F.W., Gruman, A., Coults, L.M. (Eds.). (2012). *Applied Social Psychology: Understanding and addressing Social and Practical Problems*. New Delhi: Sage publication.
- Sarafino, E.P. & Smith, T.W. (2012). Health Psychology: Biopsychosocial Interaction. (7<sup>th</sup> ed.). U.K.: John Wiley & Sons.
- 11. Taylor, S.E. (2013). *Health Psychology*. New Delhi: McGraw-Hill Education Pvt. Ltd.
- 12. Suggestive digital platforms web links- <u>http://heecontent.upsdc.gov.in/Home.aspx</u>

http://www.apa.org

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- Coursera
- Swayam

# Paper 2

Prog	ram/Class: Degree	Year	r: Third	Sem	ester: Six
		Subject:	Psychology		
	Course Code: A0906	02T	Course Title: Co	ounseling Psy	chology
	Outcome: At the end of and use various approac			inderstand hov	w to establish
	Credits: 4		Core Compulsory		
	Max. Marks: 25+7	5	Min. l	Passing Marks	: 10+25
	Total No. of Lecture	es-Tutorials-Prac	ctical (in hours per	week): L-T-P:	4-0-0
Unit		Topics	5		No. of Lectures
Ι	Counseling: Meaning, Purpose and Goals; Types of Counseling: An Overview.				7
Π	Theoretical Bases of Counseling: Psychoanalytic; Humanistic; Cognitive-Behavioral and Indian Contribution to Counseling Theories and Techniques.			8	
III	Counseling Processes: Rapport Building and History Taking; Counseling Interview, Phases of Counseling; Counseling Micro Skills: Attending, Paraphrasing, Encouragers, Confronting and Summarizing.			7	
IV	Counseling Approaches: Techniques: Psychoanalytic, Person- Centered and Cognitive- Behavioral (Beck and Albert Ellis).			8	
V	Child & Adolescents Counseling; Counseling in Schools; Family Counseling.			7	
VI	Career, Marriage and	Group Counsel	ling.		8
VII	Counseling for Substance-abuse, Internet and Gaming Addiction, Child Abuse, Behavioral and Adjustment Issues and Crises Management (Suicide and Disaster).			8	
VIII	Professional Issues an	d Counseling H	Ethics; Referrals a	and Reporting	7

#### **Suggested Readings:**

- 1. Edward, N. (2011). Counseling Theory and Practice. Cengage Learning.
- Gelso, C. J. & Pretz, B.R. (1995). *Counseling Psychology*. Bangalore: Prism Books Pvt. Ltd.
- Gibson, R. L. & Mitchell, M.H. (2005). *Introduction to Counseling and Guidance* (6th Ed.) Pearson Education.
- 4. Kapur, Malavika (2011). *Counseling Children with Psychological Problems*. Pearson Publications.
- Nelson-Jones, R. (2011). *Theory and Practice of Counseling & Therapy*. New Delhi: Sage South Asia Edition.
- 6. Patri, V. R. (2008). Counseling Psychology. New Delhi: Authors Press.
- राय, ए० एवं अस्थाना, एम०(2003).आधुनिक परामर्शन मनोविज्ञान. नई दिल्ली: मोतीलाल बनारसीदास।
- 8. Rao, S. N. (1991). Counseling and Guidance. New Delhi: Tata McGraw-Hill.
- 9. Woolfe, R., Dryden, W. & Strawbridge, S. (2003). *Handbook of Counseling Psychology* (2<sup>nd</sup>ed.). London: Sage Publication Ltd.

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar/ Research Orientation of Students (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- Coursera,
- Swayam

# Paper 3

## Practical

Course Code: A09060 Dutcome: After complete v to frame research object research, data analyse Credits: 2 Max. Marks: 25+7	D3R eting this pract jectives and qu	estions, plan, dec on and discussion	will have an u ide and execut	nderstanding te appropriate gs.
Dutcome: After complete v to frame research object of research, data analyse Credits: 2	eting this pract jectives and qu	icum, the student lestions, plan, dec on and discussion	will have an u ide and execut of the finding	nderstanding te appropriate gs.
v to frame research ob of research, data analys Credits: 2	jectives and qu	estions, plan, dec on and discussion	ide and execut of the finding	te appropriate gs.
of research, data analys	, <b>1</b>	on and discussion	n of the finding	gs.
		C	Core Compulso	ory
Max Marks: 25+7				
101un 101un 101 20 1 1	5	Min. I	Passing Marks	: 10+25
Total No. of Lecture	es-Tutorials-Pra	ctical (in hours per	week): L-T-P: (	0-0-2
Topics		No. of Lectures		
Field Visit to any Community Center/Social Service Center/ School and submit a report (10-12 students group can be formed)			15	
Conduct a survey on any Health Related issues and submit the report(10-12 students group can be formed)			15	
se can be opted by the	students who	took psychology a	as a subject	
l Continuous Evaluatio	on Methods:			
		5)		
ttendance (5 Marks)	·			
rerequisites: Open to A	.11			
	Total No. of Lecture Field Visit to any Com and submit a report (1 Conduct a survey on a report(10-12 students se can be opted by the Continuous Evaluation esentation of Practical tendance (5 Marks)	<b>Topics</b> Field Visit to any Community Center and submit a report (10-12 students § Conduct a survey on any Health Rela report(10-12 students group can be for se can be opted by the students who Continuous Evaluation Methods: esentation of Practical file (20 Marks	Total No. of Lectures-Tutorials-Practical (in hours per <b>Topics</b> Field Visit to any Community Center/Social Service C and submit a report (10-12 students group can be form Conduct a survey on any Health Related issues and su report(10-12 students group can be formed) se can be opted by the students who took psychology a Continuous Evaluation Methods: esentation of Practical file (20 Marks) tendance (5 Marks)	Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: (         Topics         Field Visit to any Community Center/Social Service Center/ School and submit a report (10-12 students group can be formed)         Conduct a survey on any Health Related issues and submit the report(10-12 students group can be formed)         Se can be opted by the students who took psychology as a subject         Continuous Evaluation Methods:         esentation of Practical file (20 Marks)         tendance (5 Marks)

## Paper 4

# **Research Project**

Prog	ram/Class: Degree	Year	:: Third	Sem	ester: Six
		Subject:	Psychology		
	Course Code: A0906	04R	Course	Title: <b>Researc</b>	ch Project
and integ	<b>Outcome</b> : It will help t grate what you have lea re the cultural, social, ar e.	rned and accon	nplished as a psyc	chology studer	nt and will prepare
	Credits: 3		(	Core Compuls	ory
	Max. Marks: 25+7	5	Mi	in. Passing M	arks:
	-	Total No	of Lectures		-
Unit		Topics			No. of Lectures
Ι	Based on the field visi in Semester V, plar community etc. to ge collection either throug of audio-visual me problems/issues.	n to visit to t an understan gh questionnai	identified unit, ding of the same re, or interview or	organization, and do data with the help	
	Analyze the data and s The student will work write the final paper in Each student will be e project as per APA gu	in groups in co ndividually. evaluated on di	ompleting the pro	ject, but will	20
Suggest	ed Readings:				
1. \$	Suggestive digital platfo	orms web links	- <u>http://heeconter</u>	nt.upsdc.gov.i	n/Home.aspx
			http://www.apa	.org	

This course can be opted by the students who took psychology as a subject Suggested Continuous Evaluation Methods:

- Making of short film or presentation of observed unit (20 Marks)
- Attendance (5 Marks)

Course prerequisites: Only for psychology students

#### 

In reference to Common Minimum Syllabus under NEP -2020 a virtual meeting (On Zoom) of Board of Studies, Psychology is held today on 15/ 05/2021. In the virtual meeting the following teachers participated:

Dr. Suneel Chaudhary	Dr. Alpa	ana Agarwal	Dr. Seema	Gupta	Dr. Meenu Vishn	10İ
Convener	Exter	nal Expert	Member		Member	
Shri Nikhil Kum	nar Das	Shri Sunil	Kumar	Dr.	Karuna Anand	
Member		Member		Ν	Member	

Dr. Sandaya Saxena, also participated in the meeting as Member, Coordination Committee, MJPRU, Bareilly.

## **Proceedings:**

It is unanimously resolved to implement the new revised syllabus of B.A. - Psychology from the Session 2021-22.

The Common Minimum Syllabus of Psychology is unanimously accepted with the following minor modifications:

1. In **Semester I**, Paper 1 –Theory (Foundations of Psychology), in Unit –III (Learning), Cognitive Learning Theories: Tolman's Latent Learning, Köhler's Insight Learning, Bandura's Observational Learning is added. In Unit–IV (Memory

and Forgetting), Methods of Measuring Memory and Techniques of Improving Memory is added. In Unit –VIII (Emotion), Lazarus theory of emotion is added.

- 2. In **Semester II**, Paper 1 –Theory (Methodology and Statistics), in Unit –VII (Psychological Statistics), Frequency Distribution and their Graphical Presentation: Frequency polygon, Bar Diagram, Histograms and Ogive is added.
- 3. In **Semester III**, Paper 1 –Theory (Psychology of Social Behavior), in Unit –IV (Attitude), Measurement of Attitude and Attitude Change is added.
- 4. In **Semester III**, Paper 2 Practical (Lab Work and Measurement of Social Behavior) in Unit –III, Option of psychological test is added for measurement of Attribution/Aggression/Impression Formation.
- In Semester IV, Paper 1 Theory (Abnormal Psychology) in Unit I to VIII, Treatment is added. In Unit–I (Abnormal Psychology), ICD-11 is added in Classification of Abnormality. In Unit–II (Anxiety Disorders), Posttraumatic Stress Disorder is added.
- 6. In Semester IV, Paper 2 Practical (Screening and Assessment) in Unit I, Assessment and report of any one anxiety disorder is modified as Assessment and report of any one anxiety disorder based on psychological test. In Unit – II, Assessment and report of depressive / bipolar disorders is modified as Assessment and report of depression based on psychological test.
- In Semester VI, Paper 1 Theory (Community and Health Psychology), in Unit IV (Community Interventions), Prevention: Primary, Secondary and Territory is added. In Unit–VIII (Chronic Illnesses), AIDS is added.
- 8. In **Semester VI**, Paper 2 Theory (Counseling Psychology), in Unit –VII (Counseling), Internet and Gaming Addiction and Crises Management (Suicide and Disaster) is added.
- 9. In the revised syllabus suggested readings is revised whereas required.